

XF Aerobics MAY 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
		1 9:00 AM Zumba F 5:30 PM Step and Tone 6:30 PM Turbo Kick	2 9:00 AM Zumba J 10:00 AM Yoga 6:30 PM Ab Class 7:00 PM Spin Class	3 9:00 AM Zumba J 5:00 PM Yoga 6:00 PM Kickboxing 7:00 PM Zumba K	4 10 AM Turbo Kickbox	5 9:00 AM Spin Class 10:30 AM Zumba K																																																																																				
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